

TRIVIA

What does the ZIP in **ZIP file mean?**

A. Zigzag Insertion Point **B.** Zonal Integrated Process **C.** Zero Information Packaging **D.** Zipped Information Protocol

THE LONG GAME

By Dorie Clark

In a world where instant gratification rules and the pressure to achieve is relentless, Dorie Clark's The Long Game is a refreshing call to step



The

back, think strategically and invest in your future self. Clark, a renowned business strategist and Duke University professor, makes a compelling argument for shifting our focus away from tempting short-term wins to more gratifying long-term successes. Clark shares practical frameworks and real-world stories that show how seemingly minor efforts lead to significant achievements if we're patient and persistent. With engaging storytelling and actionable insights, The Long Game encourages readers to step back from the daily grind, prioritize what truly matters and invest in their future selves.

Answer: A. ZIP in ZIP file stands for "Zigzag Insertion Point" because it compresses data like a zigzag.

standard practices like encryption, secure

protocols. Start your vendor risk review by

checking to see if your contracts have the

necessary security clauses, and make sure

clearly so you and your vendors know

2. Conduct Vendor Security Audits

for a thorough security audit of your

high-risk vendors. This will help you

authentication, encryption and regular

system updates. Knowing where your

3. Monitor For Emerging Risks

monitoring of your vendor's security

breaches, will keep you on top of any

practices, like tracking vulnerabilities or

Now is a good time to clean house. Cut

ties with vendors who aren't living up to

your security standards and tighten your

about protecting your data. Consider

creating standardized onboarding and

relationship with those who are proactive

offboarding processes for vendors, too, so

old vendors don't have unwarranted access

risks your vendors face. Regular

4. Update Your Vendor List

If you haven't done it recently, it's time

understand if they're implementing strong

cybersecurity measures, such as multifactor

vendors stand gives you a better handle on

Cyberthreats evolve quickly and so do the

what's at stake.

your own security.

emerging threats.

to your organization.

your agreements outline these expectations

data storage and incident response

ARE YOU MANAGING YOUR

VENDOR SECURITY RISKS?

As the year winds down, innovative businesses often reflect on what's gone

right - and what needs improvement.

overlooked: managing vendor security risks. Vendors play an essential role in your

business's success, but they also present a

severe cybersecurity risk if you don't vet

Many businesses rely on trusted vendors,

such as cloud services or file-sharing tools.

to carry out day-to-day operations. If that

vendor gets hacked, your sensitive data is

suddenly - and dangerously - exposed. A

Transfer breach, where attackers exploited

customer information and business records

Defense report showed that organizations

experienced, on average, 4.16 supply chain

breaches in 2023 that impacted operations.

Vendor breaches are more than annoying -

they could also lead to data loss, diminished

customer loyalty or even legal issues. This

your end-of-year review to manage your

1. Review Vendor Contracts

Like you, vendors need to be held

accountable for following industry-

vendor risk:

year, consider adding these best practices to

vulnerabilities in the vendor's software,

giving them access to critical data like

BlueVoyant's State of Supply Chain

for thousands of organizations.

perfect example is the 2023 MOVEit

they handle sensitive data.

What's A Vendor Risk?

and monitor them effectively, especially if

Beyond wrapping up projects and planning

for next year, one critical task shouldn't be

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To build a community of successminded entrepreneurs that inspires excellence, encourages collaboration and expands the capacity of all members to achieve great things.

Who is exposed: The stolen data

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According to *TechCrunch*, this year has seen some of the most damaging data breaches in history. In 2024 alone, hackers stole billions of personal records, and it's almost guaranteed your data is among those stolen records. Let's look at this year's record-breaking attacks and what you need to know about protecting your information.

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DECEMBER 2024

THIS YEAR'S BIGGEST **DATA BREACHES**



National Public Data

(2 Billion-Plus Records)

What happened: In December 2023, hackers accessed the systems of National Public Data, a background-check company. In April, 2.7 billion records with highly sensitive data for 170 million people were leaked onto the dark web.

includes records for people in the US, Canada and the UK.

Compromised data: 2 billion-plus records containing full names, current and past addresses, Social Security numbers, dates of birth and phone numbers.



Change Healthcare (38 Million Records)

What happened: In February, the UnitedHealth-owned tech firm Change Healthcare was hacked by a Russian ransomware gang that gained access through systems unprotected by multifactor authentication. The attack caused widespread downtime for health care institutions across the US and compromised data for many, many Americans.

continued on page 2...

The Tech Chronicle

...continued from cover

UnitedHealth paid \$22 million to prevent data leaks, but another hacker group claimed to still have some of the stolen Change Healthcare data.

<u>Who is exposed</u>: Estimated data exposure for one-third of the American population (likely more).

<u>Compromised data:</u> Payment information, Social Security numbers and medical data, including test results, diagnoses and images.



What happened: In March, hackers released data for more than 73 million past and existing AT&T customers going back to 2019. Then, in July, data was stolen from an AT&T account the company had with data giant Snowflake (more on that in a bit). Reportedly, AT&T paid a ransom to the hackers to delete the data. However, if this data is leaked, it could expose the data of anyone called by AT&T customers, including noncustomers.

<u>Who is exposed</u>: 110 million-plus past and current customers and, potentially, noncustomers.

<u>Compromised data:</u> Personal information, including Social Security numbers and phone numbers.

FREE REPORT:

have this in place.



What happened: In June, a UK pathology lab, Synnovis, was attacked by a Russian ransomware gang. The attack resulted in widespread outages in health institutions across

London. Reportedly, Synnovis refused to pay the \$50 million ransom.

<u>Who is exposed</u>: Past and existing patients in the UK.

<u>Compromised data:</u> 300 million patient interactions, including blood test results for HIV and cancer, going back many years.



What happened: In May, cloud data giant Snowflake announced a system breach caused by stolen employee credentials. Hundreds of millions of customer records were stolen from Snowflake customers, including 560 million from Ticketmaster, 79 million from Advance Auto Parts and 30 million from TEG.

<u>Who is exposed:</u> Millions of customers from many of Snowflake's 165 corporate customers, including those mentioned above, plus Neiman Marcus, Santander Bank, Los Angeles Unified School District and many more.

Compromised data: Customer records.

DECEMBER 2024

How To Protect Yourself

You can't stop companies from getting hacked.

worsening for YOU by taking a few extra steps

breaches affecting health institutions this

year, pay attention to your statement of

benefits and look for services you didn't

receive. If you spot something fishy, tell

your health care provider and insurance

criminals from opening a credit card or

• Update your log-in credentials: If you

your credentials, and also change the

bank. Set up alerts too, so you're

• Be wary of e-mails: After a breach,

credentials to major accounts like your

know what accounts were hacked, change

immediately aware of any unusual activity.

hackers access all kinds of information and

• • •

may use that to send fraudulent e-mails.

• Freeze your credit: This will stop

However, you can prevent the situation from

to protect your data. Here's what to do:

communications: With so many

• Review your health-related

company right away.

loan in your name.

Slow down, read

requests before

carefully and verify

taking any action.

PASSION ISN'T ENOUGH:

TIM GROVER EXPLAINS WHY OBSESSION IS KEY TO SUCCESS

Passion is the key to success – that's what many of us have been taught to believe. If you want to be great, you must be passionate. However, Tim Grover believes we've been told wrong.

Tim Grover is a renowned speaker, author and performance coach with over 20 years of experience speaking to businesses, entrepreneurs and leadership teams aiming to be the top in their fields. Known for his work with athletes like Michael Jordan, Kobe Bryant and Dwyane Wade, Grover teaches audiences the mindset of elite professionals so they can apply it to their own success. At a recent industry conference, Grover shared his secret to success: It's not passion that equates to success. It's obsession.

Be Obsessed

Grover draws a clear line between being interested in something and being obsessed with it. "Interest is passive," he explains. If you want to take your business to the next level, you must be all in because when you're obsessed, you pay attention to every tiny detail. As a performance coach, Grover read every injury report for his athletes so he knew how to lace their shoes. He watched hours of video footage and knew every step and landing so he could design training plans. "That's obsession," he says. "That's why they kept me around for such a long time."

Act On Your Passions

"You don't follow your passion," Grover explains. "You act on it. You excel at it." In business, hesitation can lead to missed opportunities. Once a decision is made, you must fully commit to it because excellence is a long game. There will be moments of pressure driving you beyond your comfort zone and moments that feel very isolating. "Excellence creates distance. It creates distance between you, your friends, your enemies, your family, your free time," Grover says. This isolation isn't necessarily negative; it's a byproduct of striving for greatness. It will separate you from everyone who is average - from people who don't understand the behind-the-scenes work it takes to truly succeed in your passion. People will try to pull you down, either out of jealousy or a lack of understanding, but excellence requires a singular focus that many won't understand.

Balance Is A Myth

People often say that successful people need balance. Grover argues that if you try to balance everything – work, life, relationships – while striving for success, you'll be mediocre at all of them. You'll never grow if you're pulled in too many directions. The key to success is ditching balance, focusing on fewer, more important priorities and cutting out distractions. "Everyone has time for what they put first," he explains.

Excellence is a long-term journey that demands obsession, action and a refusal to settle for mediocrity. "Write your own story," Grover says. Put down the self-help books and "look deep down inside yourself and stop looking for everybody else to get you to that next level."

• The only way to know for SURE your data can be recovered if lost, corrupted or deleted – yet fewer than 10% of businesses

• Seven things you should absolutely demand from any off-site backup service.

12 Little-Known Facts Every Business Owner Must

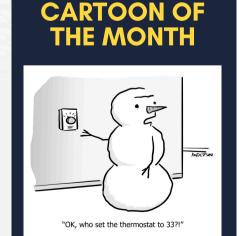
Know About Data Backup And Disaster Recovery

- Where many backups fail and give you a false sense of security.
- The #1 cause of data loss that businesses don't even think about until their data is erased.

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PROTECT SOUR DATA "12 Little-Known Facts Every Business Owner Must Know About Data Backup, Security And Disaster Recovery"

Discover What Most IT Consultants Don't Know Or Won't Tell You About Backing Up Your Data And Recovering It After A Disaster





BEWARE OF WIFI SQUATTING

When did you last check who has access to your WiFi network? If it's been a while, you'll probably be surprised by who's hanging around. Managing your WiFi access is an important step to keeping your data safe because unwanted WiFi squatters could, at best, slow your WiFi speeds and, at worst, have access to any device or file connected to your network, like household security cameras.

To see who has access to your WiFi, find your router's IP address (you can find instructions online about how to do this), type the IP address into your browser and log in. Next, look for a list called "DHCP Client" or "Connected Devices." Review the list, and if any unknown devices are on it, update your WiFi password and reconnect only the

devices you trust.